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ADVANTAGEHEALTH CORPORATION AND SEAGATE TECHNOLOGY EARN HENNEPIN COUNTY WELLNESS BY DESIGN GOLD AWARD

Bloomington, MN – May, 2009 AdvantageHealth Corporation and Seagate Technology, an industry leader in computer disc drive storage, are proud to have been awarded the 2009 Hennepin County Wellness by Design Gold Award. This award given by Hennepin County recognizes efforts in creating healthy environments for staff. “Seagate continues to be a leader in providing employee health promotion programs”, says Alexis Kolter, Account Manager at AdvantageHealth, “Their Bloomington site’s senior management support of the wellness program exemplifies Seagate’s commitment to employee health and well-being. AdvantageHealth is proud to be part of this on-going initiative.”

About Seagate Technology

Seagate delivers advanced digital storage solutions to meet the needs of today’s consumers and tomorrow’s applications. Seagate Technology has been at the forefront of the storage industry for nearly 30 years. Seagate employs more than 55,000 people around the world—all contributing to the development of the company’s next-generation storage products. From the first 5.25-inch hard drive for the PC to the development of perpendicular recording technology, the company has been pioneering new industry standards that have fueled advancements in the digital information age. Through technology leadership and innovation, Seagate continues to help individuals and businesses maximize the potential of their digital content in an ever-evolving, on-demand world.

About AdvantageHealth Corporation

AdvantageHealth Corporation provides award-winning programs and services ranging from yoga classes and wellness seminars to staffed fitness centers and disease management interventions. AdvantageHealth aims to

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provide organizations ways to contain healthcare costs, reduce absenteeism and improve employee productivity and morale. For more information about AdvantageHealth Corporation, visit www.advantagehealth.com.

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