



FOR IMMEDIATE RELEASE

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ADVANTAGEHEALTH CORPORATION IS NAMED THE EXCLUSIVE MANAGEMENT VENDOR OF SOUTH STREET FITNESS CENTER AT THE UNIVERSITY OF MASSACHUSETTES MEDICAL BUILDING IN SHREWSBURY, MA.

Minneapolis, MN—January, 2008. AdvantageHealth was selected as the exclusive management vendor for the South Street Fitness Center, located in the University of Massachusetts Medical School (UMASS) building in Shrewsbury, MA. The UMASS Medical campus is home to more than one thousand employees from the University of Massachusetts Medical School, Seagate Technology, Siemens & Advanced Micro Sensors. “We are thrilled to be working with UMASS in Shrewsbury and look forward to driving the fitness and wellness program forward,” states AdvantageHealth Account Manager, Alexis Stockwell.

The South Street Fitness Center includes a 1,160 square foot cardiovascular and strength training facility and a 1,130 square foot group exercise studio. AdvantageHealth Corporation provides on-site staffing, personal training and group exercise classes for fitness center members and will facilitate a variety of health promotion programs for all employees from each company within the building. “The AdvantageHealth staff is doing a great job with all facets of the fitness center programming and operations,” says Arthi Kasetty, Sr. Manager of Facilities at UMASS Medical School.

About the University of Massachusetts Medical School

The University of Massachusetts Medical School, one of the fastest growing academic health centers in the country, has built a reputation as a world-class research institution, consistently producing noteworthy advances in clinical and basic research. The Medical School attracts more than \$174 million in research funding annually, 80 percent of which comes from federal funding sources. UMMS is the academic partner of UMass Memorial Health Care, the largest health care provider in central Massachusetts.

About AdvantageHealth Corporation

AdvantageHealth Corporation provides award-winning programs and services ranging from yoga classes and wellness seminars to staffed fitness centers and disease management interventions. AdvantageHealth aims to provide organizations ways to contain healthcare costs, reduce absenteeism and improve employee productivity and morale. For more information on AdvantageHealth Corporation, visit www.advantagehealth.com.