



## FOR IMMEDIATE RELEASE

**FROM:** AdvantageHealth Corporation  
7900 International Drive, Suite 200  
Bloomington, MN 55425

**CONTACT:** Kris Bishop  
Marketing and Development  
612-823-4470  
[kbishop@advantagehealth.com](mailto:kbishop@advantagehealth.com)  
[www.advantagehealth.com](http://www.advantagehealth.com)

### **ADVANTAGEHEALTH CORPORATION PARTNERS WITH C.B. RICHARD ELLIS TO OPEN AND OPERATE FIFTH STREET TOWERS NEW FIVE STAR FITNESS CENTER**

**Bloomington, MN – August, 2005.** CB Richard Ellis, the global leader in real estate services, has selected AdvantageHealth Corporation to provide fitness and wellness programming at Fifth Street Towers, a 1 million sf Class A office complex located in downtown Minneapolis.

“In following our mission as a leading health promotion provider, we are very proud to be partnering with CB Richard Ellis in their efforts to offer fitness and wellness services as a value added service to their tenants,” said AdvantageHealth Corporation’s Co-founder, Michael Olson.

“Our goal is to provide health and wellness services to augment the Five Star Service platform we’ve implemented at Fifth Street Towers, states Tom Heimer, General Manager of Asset Services for C.B. Richard Ellis at Fifth Street Towers. “With AdvantageHealth’s experience and background, we are confident that this endeavor will be a success”.

The Five Star Fitness Center will be available to the over 50+ companies leasing office space in Fifth Street Towers and will offer state-of the-art cardiovascular and strength training equipment, an exercise studio, personal training, fitness evaluations and lifestyle and disease management programs.

CB Richard Ellis is the world’s premier, full-service real estate services company. Operating globally, the firm holds a leadership position in virtually all of the world’s key business centers. For more information regarding CB Richard Ellis, visit [www.cbre.com](http://www.cbre.com).

AdvantageHealth Corporation provides award-winning programs and services ranging from yoga classes and wellness seminars to staffed fitness centers and disease management interventions. AdvantageHealth aims to provide organizations ways to contain healthcare costs, reduce absenteeism and improve employee productivity and morale. For more information about AdvantageHealth Corporation, visit [www.advantagehealth.com](http://www.advantagehealth.com).